

# RECONCILIATION - Family Activity Sheet 1 – Learning to say Sorry

Name: \_\_\_\_\_

*“In the name of Christ we appeal to you to be reconciled with God.” 2 Corinthians 5:20*

## What is Reconciliation?



In the Sacrament of Reconciliation, we are given the opportunity to say sorry before God and make peace. The Sacrament is God's great sign of forgiveness and healing. Watch this clip to learn more: [Catholic Central](#)

Negative actions affect our relationships with God and others. They cause unhappiness for us and others. Sin is a serious action and requires full consent and knowledge. The Sacrament of Reconciliation is a celebration of healing and forgiveness where we choose to acknowledge our wrong doings, say sorry and are forgiven.

In every situation we can choose to do what is right or we can choose what is wrong.

## Sin is when we do something wrong on purpose. What would you choose to do?

Place a ✓ beside the best choice. A, B, or C.

1. Your friend breaks your favourite toy.  
What should you do?

- A. Forgive them.
- B. Hit them.
- C. Steal their best toy.

2. Your friends want to steal some sweets.  
When you say that you won't they laugh at you. What should you do?

- A. Go ahead and steal the sweets.
- B. Continue to do what you believe is right.
- C. Throw sticks at them.

3. Some kids at school are making fun of another kid because she is different. What should you do?

- A. Walk away
- B. Join them
- C. Defend the person

4. Two of your friends are fighting.  
What should you do?

- A. Pick a side and fight, too.
- B. Help them make peace.
- C. Cry.

5. Someone at school that is always mean to you drops all her books on the floor.  
What should you do?

- A. Help her pick them up
- B. Kick them into another room
- C. Ignore her.

6. You accidentally break your mum's favourite vase. What should you do?

- A. Quickly hide the pieces
- B. Go to your mum and say sorry
- C. Blame your little sister

When we choose to do what we want, instead of choosing to listen or be kind, we often don't realise that we hurt other people and ourselves. Most of the time we like to make people happy, but sometimes we are selfish – we forget about God's love in our hearts and spread unhappy ripples instead of happy ones.



# Jesus and Zacchaeus - Luke 19:1-10 (NRSV – [Bible Gateway](#))

He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, "Zacchaeus, hurry and come down; for I must stay at your house today." So he hurried down and was happy to welcome him. All who saw it began to grumble and said, "He has gone to be the guest of one who is a sinner." Zacchaeus stood there and said to the Lord, "Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much." Then Jesus said to him, "Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost."

Follow this link to an animated version of the story: [Zacchaeus](#)

## Zacchaeus Anagram

<https://www.dltk-kids.com/bible/>

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Image: FreeBibleImages.org



Word List: cheated, climbed, house, Jericho, money, salvation, short, sinner, sycamore, tax collector

What did Jesus do that made Zacchaeus happy? \_\_\_\_\_

After he met Jesus, Zacchaeus wanted to change his life. How did he pass his happiness on to others? \_\_\_\_\_



*"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."* St Mother Teresa of Calcutta

When we reject God's help and do the wrong thing we need to say sorry to God. On Sunday we say sorry to God at Mass and ask for his mercy. Use this link: [ORDER OF THE MASS](#) (if you have a missal at home you can use that) to find these prayers and complete them:

I confess to almighty God  
and to you, my brothers  
and sisters, that

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in what I have done and in  
what I have failed to do,

Give us this day our daily  
bread, \_\_\_\_\_

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and lead us not into  
temptation, but deliver us  
from evil.

Lamb of God, you take away

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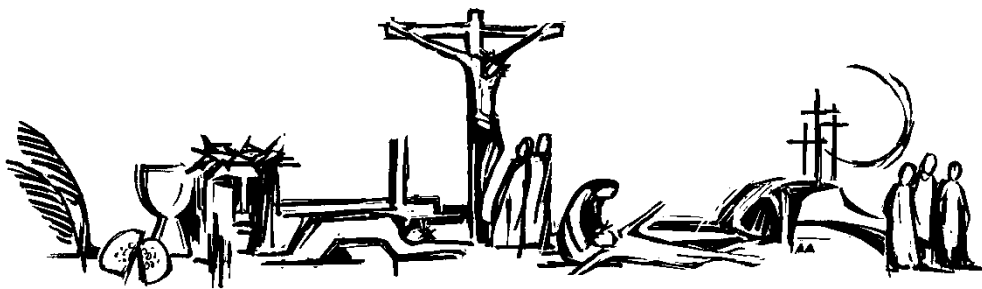
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May almighty God have  
mercy on us,

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And bring us to  
everlasting life.



**Conversion is a change of heart**

**Repentance is turning back to make a new start**



# Examination of Conscience Using the Lord's Prayer

**Our Father who art in heaven, hallowed by Thy name.**

- *Do I think about God every day?*
- *Do I say my prayers?*
- *Do I pay attention and participate at Mass?*

**Thy kingdom come, Thy will be done on earth as it is in heaven.**

- *Am I kind to others?*
- *Do I do what Jesus wants me to do?*
- *Do I share with others?*
- *Am I helpful to my family?*
- *Do I show respect to my teachers and classmates?*

**Give us this day our daily bread**

- *Do I remember to say thank you?*
- *Am I sometimes greedy?*
- *Do I appreciate the good things I have in my life?*
- *Do I think of ways to help those who have no food?*
- *Do I take things that don't belong to me?*

**Forgive us our trespasses (sins) as we forgive those who trespass (sin) against us.**

- *Do I say I'm sorry when I have been wrong?*
- *Do I forgive and forget when someone does something bad to me?*
- *Do I help solve problems between my friends or do I cause more trouble?*
- *Do I say bad things about people who have hurt me?*

**Lead us not into temptation, but deliver us from evil**

- *Do I play fairly in sports and games?*
- *Do I cheat in school?*
- *Do I tell the truth?*
- *Do I set a good example by my kindness?*
- *Do I let other kids tempt me to do things I know I shouldn't do?*

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This prayer focuses on the idea of forgiveness and being able to forgive others. It is encouraged that you pray this prayer with your family at home.

*Our Father*

*Who art in heaven;*

*Hallowed be Thy name.*

*Thy kingdom come.*

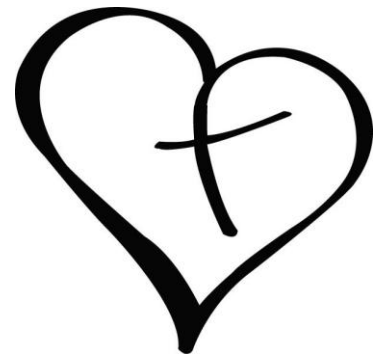
*Thy will be done on earth, as it is in heaven.*

*Give us this day our daily bread.*

*And forgive us our trespasses*

*as we forgive those who trespass against us.*

*And lead us not into temptation: but deliver us from evil. Amen.*



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## PARENTS

You will receive an email with a pdf of this sheet with links embedded to help you and your child with these activities so you can learn and grow together.

Use these activities to help promote discussion with your child; it is an opportunity to spend some quality time together. Choose the right time and place to complete the activities, e.g. in the lounge room sitting together after tea, not in the kitchen while you're peeling the veggies. We encourage Mass attendance during this preparation time. **Have fun together while learning and growing in faith.**



**Imprimatur:**

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